

<i>Elementary Schools</i>	
<p>Food (EC Section 49431)</p> <p>The only food that shall be sold during breakfast and lunch periods is food that is sold as a full meal through a federal reimbursable meal program.</p> <p>In addition, individually sold portions of nuts, nut butters, seeds, eggs, cheese packaged for individual sale, fruit, vegetables that have not been deep fried, and legumes may be sold. Individually sold dairy items and whole grain food items may be sold, provided they meet the 35/10/35 guidelines listed below and do not exceed 175 calories per individual food item.</p>	<p>Beverages (EC Section 49431.5)</p> <p>The only beverages that shall be sold are:</p> <p>Water, with no added sweeteners</p> <p>Milk (two percent, one percent, or nonfat or rice milk, soy milk, or other similar nondairy milk)</p> <p>Fruit Juice, preferably 100% but at least 50% fruit juice, with no added sweeteners</p> <p>Vegetable juice, at least 50% vegetable juice, with no added sweeteners</p>
<i>Middle, Junior High and High Schools</i>	
<p>Food (EC Section 49431.2)</p> <p>The only food that may be sold outside the federal reimbursable meal programs must meet the following requirements:</p> <p>Not more than 35% of its total calories shall be from fat (excluding nuts, nut butters, seeds, eggs and cheese)</p> <p>Not more than 10% of its total calories shall be from saturated fat and trans fat combined (excluding eggs and cheese)</p> <p>Not more than 35% of its total weight shall be composed of sugar, including naturally occurring and added sugar (excluding fruits and vegetables)</p> <p>Calories shall not exceed 250 calories per food item</p> <p>Entrée items (ie., foods generally regarded as being the primary food in a meal, including but not limited to, sandwiches, burritos, pasta, and pizza) shall not exceed 400 calories per food item and 4 grams of fat per 100 calories</p>	<p>Beverages (EC Section 49431.5)</p> <p>The only beverages that shall be sold are:</p> <p>Water, with no added sweeteners</p> <p>Milk (2%, 1%, or nonfat or rice milk, soy milk, or other similar nondairy milk)</p> <p>Fruit Juice, preferably 100% but at least 50% fruit juice, with no added sweeteners</p> <p>Vegetable juice, at least 50% vegetable juice with no added sweeteners</p> <p>Electrolyte replacement beverages with no more than 42 grams of added sweeteners per 20 oz serving</p>

Exhibit Revised: 6/13/06